

ROCK'N PAGES FOR ALL AGES

Journey to New Horizons

Fall 2018

Country Western Fall Picnic

Grab your cowboy boots and hat!



Thursday, September 13

\$17.00

**Ahlberg Hall
Dakota County Fairgrounds**

5:30 PM

**Delicious Supper by
Trophy House**

Entertainment:

The Old Country Boys

Enjoy classics by Waylon, Willie, Johnny Cash, Merle and more!

Election of Board Members

If any of the Castle Rock Bank customers would like to run for the board, please contact any board member or LaVonne Nicolai. (Phone numbers page 4.)

Thank You Alice Nasby!

Alice, we are grateful that you gave the time of your life to serve on the Castle Rocker's Board. Although you are moving away you will remain in our hearts. May your new path be a happy, healthy one. With love, LaVonne Nicolai



St Paul Gangster Tour

Thursday, Oct. 11

Cost: \$67.00

Northfield Ballroom: 8:30
Castle Rock Bar & Grill 8:40
Castle Rock Bank, Farmington 9:00

Explore with us the sites of nightclubs, kidnappings, and gun battles associated with the 1930's gangsters like John Dillinger and Baby Face Nelson. See the sights where the gangsters lived it up as they planned and executed some of the most notorious crimes ever perpetrated in the upper Midwest. Your guide takes you past the most infamous gangster hideouts and the famous nightclubs where many gangsters spent time socializing with the public.

Lunch will be in the Caves on Wabasha Street.

FLY-OVER AMERICA AND CANADA, LUNCH & CHRISTMAS SHOPPING AT MALL OF AMERICA

November 15, 2018

Cost \$57

Bus leaves:

Northfield Ballroom 8:30
Castle Rock Bar & Grill 8:45
Castle Rock Bank, Farmington 9:00

Enjoy the sights, sounds and sensations of a simulated trip across America and Canada at Fly-Over America. You will experience beautiful scenery, the smell of pine and the feeling of mist on your face as you travel. After the fly over, **we will take a 5 minute walk to the Radisson Blu, Mall of America for an included lunch** at Firelake Grill House and Cocktail Bar. When done, you can take off on your own for a shopping experience or take the bus back to the North entrance to enjoy Christmas decorations and shops close to our pickup point at the North entrance of the Mall. Bus will leave at 2:30.

There will be two 5 to 7 minute walks.

Note: Persons with a heart condition, motion sickness, abnormal blood pressure or extreme fear of heights should use caution. This is a simulated flight experience similar to Imax Theater.

Christmas Party

Thursday, Dec. 13

Celt's Farmington

\$17.00

5:30 PM

Celebrate a festive evening with your Castle Rocker Friends. We have a special Christmas program planned for you.

E-Mail Addresses

Remember to send me your new e-mail address when you change providers.

Sometimes we have events that come up that are not in your newsletter. We will print these on your Castle Rock Bank Statements and we will send them to the e-mail address we have on file for you.

The newsletter comes out Quarterly:
December, March, June and September.

My e-mail address is:
Lavonne.nicolai@castlerockbank.net
LaVonne Nicolai

Important!

If you sign up for an event and find that you can't attend, please call Marlene and tell her immediately.

Some folks get left behind that would really enjoy the trip.

Canadian Rockies 2019

Did you ever wonder what it would be like to walk on glaciers? Or wonder what it would be like to stand near the foot of a majestic waterfall and sip your morning coffee with breath-taking Rocky mountain vistas in your background? This once-in-a-lifetime adventure awaits you with the upcoming Castle Rockers Travel Club Canadian Rockies Tour. This 8 Night/ 9 Day Tour, running August 10th thru the 18th, 2019, departs from Farmington, MN and winds you through the awe-inspiring National Park vistas of the Canadian Rockies. Your journey will include famous stops such as Victoria Glacier, Bow Falls Banff National Park, Columbia Icefields and so much more! You will also enjoy fine dining, fine lodging, unique shopping opportunities, and even take in a world famous musical show about President Theodore Roosevelt while sitting under the stars!

Please note that since this tour extends over the U.S. border and continues on the Canadian side of the Rockies, a passport is required. If viewing the majestic Canadian Rockies, walking on glaciers, and standing amongst stunning landscapes sounds amazing to you, then join us!

To learn more details about this life changing adventure, please contact

Jeri Jolley at 651-463-2107 or email, creativetoursinc@msn.com•



Cruising down the river on a Thursday afternoon with the Castle Rockers.

Finding Common Ground Is Possible

We all wish for peace on planet earth and in the universe. However, on advisory boards, commissions, communities and even church circles, we sometimes have resentments and hurt feelings that cause catastrophic results.

There is so much hope and inspiration when we look at the emerging art and science of finding common ground. We are learning that peace is the RESULT of committed, personal transformation in action. And when two or more are gathered with the intention to find common ground, miracles are possible.

Can you see and feel how each of us is being asked to upgrade our personal operating system—how we see and interact with the world, starting with the people right in front of us? Can you see and feel how each person longs for peace and how our interdependence and interconnect-edness, accelerated through modern technology, is forcing us to take on personal transformation as the bedrock for finding common ground and creating peace at all levels?

By highlighting the authentic and constructive approaches to finding common ground, through respectful dialogue and building bridges we can help this emerging art and science evolve and become a way of being and acting again, starting with our own personal transformation.

We are all being asked to be inspired visionary leaders and global citizens to become more engaged as peacebuilders in our own communities with grateful hearts.

John F. Kennedy reminded us: “As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them.”

The Dalai Lama stated: If you want others to be happy, practice compassion. If you want to be happy, practice compassion.

Steps to Cultivating Compassion

- 1: You can't offer compassion if you don't see the suffering around you. Mindfulness allows you to see what's happening within and around you.
- 2: Mindfulness is the “awareness that arises through paying attention on purpose in the present moment non-judgmentally.”

Would You Like To Run For The Board?

The Castle Rockers have a 12 member board which plans the activities for the club. They meet on the first Wednesday of the month, at noon, at Celt's Bar in Farmington. They will be electing 3 board members at the fall picnic.

If you would be interested in running for a position on the board, please contact LaVonne Nicolai at the Castle Rock Bank. Her telephone number is 651-463-4014 or any of the board members who are listed on page 4.

You Are Invited To Peggy Runge Day At The Castle Rock Bank

Wednesday, Sept. 12

10:00 to 4:00

Lunch will be served

It is with a grateful heart that we announce that Peggy Runge has been working at the Castle Rock Bank for 45 years. She started as a senior in high school.

Peggy grew up on a farm in Castle Rock and has always given back to this community. In high school she started teaching Sunday School at the United Methodist Church. She went on to form a youth group called the Rocks, which stands for the Religious Organization of Community Kids. In the 1990's she became treasurer of the church and helped shepherd through the addition which included a lift to transport parishioners up to the chapel or down to the reception hall.

Peggy has been on the board of the Sparak Soft Wear Computer System since 1995. She attends meetings with her colleagues twice a year in Fargo.

We thank and honor Peggy for all she has done in her life to make this world a better place.

—LaVonne Nicolai

ROCK'N PAGES FOR ALL AGES

CASTLE ROCK BANK

Member FDIC

Celebrating 100 years of service to this community.

Sept. 6 thru 9, Defeat of Jesse James Days

Wednesday, Sept. 12, Peggy Runge Day at Castle Rock Bank in Castle Rock, 10:00 to 4:00, lunch provided

Thursday, Sept. 13, Picnic and election of officers

Thursday, Oct. 11, Gangster Tour

Thursday, Nov. 15, Fly-over America and Canada, Lunch & Christmas Shopping at Mall of America

Thursday, Dec. 13, Christmas Party

Friday, Dec. 7, Santa & Mrs. Claus, in Castle Rock to take pictures of kids of all ages from 4:00 pm to 6:00 pm.

Friday, Dec. 14, Santa & Mrs. Claus in Castle Rock Bank, Farmington, 4:00 to 6:00. Trinity Care Nursing home from 11:00 am to 3:00 pm.

Castle Rocker's Advisory Board

Mary Lou Alexon	651-460-8491	David Kennedy	651-463-3575
Marlene Beeney	651-460-6083	Doreen Kennedy	651-463-3575
Gretchen Bergman	651-463-7385	Marjorie Koski	651-460-6766
Doris Erickson	507-645-4924	Linda Stadler	507-649-0471
Clyde Hansen	651-460-6541	Sandy Weber	651-463-4725
JoAn Jensen	651-423-7491		



Castle Rock

Ex Officio Members:

LaVonne Nicolai	651-463-4014	Michelle Nicolai	651-463-2327
Jeri Jolley	651-463-2107	Sharon Trinka	651-463-7590
Jessica Willems	651-463-4014		

Photographer:

Clyde Hansen

Castle Rockers Sign-up Sheet
Fall Picnic
Thursday, Sept. 13
\$17.00

Name: _____ # Attending: _____

Name _____ Amt. Enclosed \$ _____

Phone: _____ Cell: _____ E-Mail: _____

Make check payable to: **Castle Rocker's Travel Club**

MAIL TO: Marlene Beeney or Drop off at the Castle Rock Bank
Castle Rock Bank
P. O. Box 9
Farmington, MN. 55024

Gangster Tour

Thursday, October 11

\$67.00

Bus leaves:

- Northfield Ballroom 8:30 am
- Castle Rock Bar 8:40 am
- Castle Rock Bank Fgtn. 9:00 am

- Need accessibility entrance
- Need wheel chair, will bring my own attendant

Name _____ # Attending _____

Name _____ Amount Enclosed _____

Phone: _____ Cell: _____ E-mail _____

Make checks payable to: **Castle Rocker's Club**

Mail to: Marlene Beeney or Drop off at the Castle Rock Bank
Castle Rock Bank
Box 9
Farmington, MN 55024

**FLY-OVER AMERICA and CANADA
Lunch and Christmas Shopping**

Thursday, Nov.15

Cost: \$57.00

I will get on the bus:

Northfield Ballroom 8:30 ____

Castle Rock Bar & Grill 8:45 ____

Castle Rock Bank, Farmington 9:00 ____

Name _____ -# Attending _____

Name _____ Amount Enclosed _____

Phone: _____ Cell: _____ E-Mail _____

Make checks payable to: *Castle Rocker's Club*

Mail or drop off at the Castle Rock Bank

Marlene Beeney

PO Box 9

Farmington, MN 55024

**Christmas Party
Celt's Bar
Thursday, Dec. 13**

Price: \$17.00

Name _____ # Attending: _____

Name _____ Amount Enclosed _____

Phone: _____ Cell: _____ E-Mail _____

Make checks payable to: *Castle Rocker's Club*

Mail check to: Marlene Beeney
Castle Rock Bank
Box 9
Farmington, MN. 55024

or drop off at the Castle Rock Bank
